

Carlyon Beach Community News April 2020

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Office Hours: Monday - Friday 9:00 am to 4:30 pm - The office will be closed from Noon to 12:30 pm for Lunch Period

2020 COMMUNITY EVENTS		
Board Workshop: April 22 6:30 pm (Wednesday)		
Board Meeting: April 28 7:00 pm (Tuesday)		
Low Impact Exercise Class: Tuesday 9:45 – 10:45 am		
Gentle Exercise Class: Tuesday 11:00 – 11:45 am		
Strengthen & Stretch Exercise Class: Thursday 9:45 am – 10:35 am		
Yoga – Thursday 5:00 pm		
April 3, Friday	Egg Stuffing for Easter Egg Hunt	4:00 pm
April 5, Sunday Golf Cart & Easter Bonnet Parade & Egg Hunt Starting at 12:30 pm		
April 8, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
April 14, Tuesday	Events Group Meeting @ the Clubhous	e 1:00 pm
May 2, Saturday	Mother's Day Tea Social @ the Clubhou	use 1:00-pm
May 13, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
May 16, Saturday	Pancake Breakfast @ the Clubhouse	9:00 - 11:00 am
June 9, Tuesday	Events Group Meeting @ the Clubhous	e 1:00 pm
June 10, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
June 13, Saturday	Annual Meeting at Main Griffin Fire Dep	ot 10:00 am
June 27, Saturday D	Dumpster Day 9801 Overlook Dr (Maint Shop	8:00 am until full
July 4, Saturday	Parade & Hot Dog & Pie Event	11:30 am
July 8, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
August 12, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
August 15, Saturday	CBHA Community Garage Sale	9:00 am – 3:00 pm
September 9, Wednesday	Koffee Klatch @ the Clubhouse	1:00 pm
September 15, Tuesday	Events Group Meeting @ the Clubhou	se 1:00 pm

DUE TO THE CIRCUMSTANCES ALL EVENTS SCHEDULED IN APRIL & MAY HAVE BEEN CANCELED. EXERCISE CLASSES & YOGA HAVE ALSO BEEN CANCELLED DUE TO THE VIRUS. PLEASE CHECK OUR WEBSITE www.carlyonbeachhoa.com & READER BOARD FOR UPDATES.

Applications for the Board Accepted Until April 16

The date for turning in your application for a board position is pushed out to April 16 to allow more people to run. With all the disruptions in services, work, and family, we realize it's difficult to focus on June, when 4 positions on the board will be up for your vote. Consider stepping up to help guide CBHA forward.

ATTENTION ALL HOMEOWNERS

Due to the coronavirus closures and the mandates for 'social distancing', the CBHA Clubhouse and offices will be closed for foot traffic except by appointment. Precautions are being put in place to protect our staff and enforce the 6 ft social distancing. Staff is still working, so both voice mails and emails are still being responded to. Payments can be left in the payment box to the right of the front door and will be picked up and processed daily. We are working to continue the work of the association, by email and teleconference. Contact our office by email at: memberservices@carlyonbeachhoa.com or by phone at (360) 866-0717.

Thank you for your cooperation in helping us protect our customers and staff during this trying time.

IMPORTANT DATES TO REMEMBER

April 16, 2020 is the last day to submit applications for a Board of Trustee position (4 positions open).

The date has been extended due to the virus.... Board applications are available at the office and available online at www.carlyonbeachhoa.com.

June 5, 2020 is the last day you can pay any back owed assessments or fees. You must be current with your payments to be eligible to vote at the Annual Meeting. If you have questions regarding your account, please contact Lynda Gift, bookkeeper, at 360-866-0717.

Annual Meeting June 13, 2020 Griffin Fire Dept at 10:00 am

Get Notified When There Are CBHA Website Announcements

Our website has a way to subscribe - and a way to unsubscribe - that you control. If you are not currently receiving email notification of announcements and would like them, follow these easy steps:

- 1. Go to https://carlyonbeachhoa.com/Home
- 2. Find the 'Quick Links' on the left side of the Home page
- 3. Scroll down the links to 'Notification Sign-Up' and click to enter
- 4. Enter your email address and click 'Subscribe'

At any time you wish to stop the notifications you can use the 'Notification Unsubscribe' link.

MARINA & KAYAK RENEWALS

The marina slip & kayak rack renewals will be mailed out this month. If you want to renew please fill out your paperwork and return before May 29. Please remember you do not have to pay now we just need the paperwork returned. Thank you.

Dogs at CBHA

Recently, there have been reports of dogs running loose, threatening passersby, and pooping along the road or in peoples' yards. The notice that was posted on the Reader Boards was to remind everyone that dogs must be on a leash if they are not on your property. Dog poop in the bioswales is a hazard for our maintenance workers as they mow and weed whack. You are required by our Rules and Regulations to pick up your dog's waste and deposit it in the cans provided on various corners in the neighborhood if not in your own trash can. If you are not picking up, you will receive a letter notifying you that a \$100 fine will be assessed if this continues. If your dog is wandering off your property, you will receive a letter advising you that if this continues, you will be assessed a \$100 fine. In addition, the CBHA Rules and Regulations state that "upon the first instance of an animal causing injury, harm, or endangerment (directly or indirectly) the member will be sent a certified letter stating the complaint and an assessment of \$100." This means that you may be fined if anyone feels threatened by your wandering dog whether or not there is a physical altercation. If a complaint is turned into the office stating that your dog continually disturbs the peace, you will be sent a letter notifying you that if this continues, you will be assessed a \$100 fine. If you are a dog owner, please do your part to keep our neighborhood clean and safe for all who live here.



Why are there so many bags of poop not in the can? If the cans are full or hard to open, please notify the office. The maintenance staff shouldn't have to pick up poop bags. Thank you!

Spring is Springing - Regardless! - Bill Allen, Architecture Trustee

It's still cold and rainy, but the days are getting longer, and the weeds are growing, and the grass is getting tall. I have trimming to do, and it won't happen by itself!

More and more, Carlyon Beach is becoming a residential community. People move here and stay here for all sorts of reasons, but much of it has to do with the access and affordability of this location. Better than King County!! This year your board will try to focus on preventing "languishing assets"; in other words, properties that are simply not being taken care of. We are not trying to make this community into something it's not. Carlyon is eclectic and thrives on its' diversity. But we as a board have an obligation to protect the value of this community, as it benefits all of us collectively. So, in addition to the upkeep and repairs and maintenance that CBHA does, we will work to help and encourage the community at large to look kept up. Your Architectural committee is happy to provide advice and suggestions on options. We also recognize there are those that are financially limited need consideration as well. We have a lot of resources right here in the community that can do small jobs and maintenance, as well as folks like myself that have seventy-year-old backs that don't do projects very well anymore.

WHAT IS STAY-AT-HOME?

Originally from the Washington State Department of Health

- 1. We need each other. Being isolated from other people can make our physical and mental health worse and can especially trigger anxiety and depression. Especially if you live alone, social distancing is hard on our bodies and our emotions. And when we add to that the worries about unknowns—will I get sick? Will someone I love get sick? What will happen to my job?—we layer on additional stresses to our physical and mental health. If you find yourself lonely, stressed, or anxious, pay attention to these emotions and take action:
- 2. Avoid watching, reading, or listening to news reports that cause you to feel anxious or distressed. A near-constant stream of news reports is not calming. Seek out information from reliable sources like the Washington State Department of Health or the Centers for Disease Control and Prevention just a couple times a day. Fact check what you see on social media. Spread good information.
- 3. Stay connected with others and maintain your social networks. Go for a walk and wave to your neighbors from six feet away. Ask them if they are well and if they need anything.
- 4. To encourage others, put on Christmas lights, start clapping on your porch at 8pm in honor of first responders, and/or put a teddy bear in your window in view of your road for the kiddos that might go on a "BEAR HUNT".
- 5. Introduce structure into your day. Structure and routine may be helpful for people with mental health vulnerabilities, especially during times of uncertainty. Even if you are working from home or if your life looks completely different right now, try to maintain familiar routines in daily life as much as possible. Maybe we'll feel better if we shower, get dressed, and eat breakfast.
- 6. Check out resources to help support your mental health or that of a loved one: And if you are in crisis, don't hesitate to call the 24-Hour Crisis Line at 866-427-4747 or text HEAL to 741741 to get confidential text access to a trained crisis counselor any time of the day or night.
- 7. **Spread the Facts.** Check out DOHs new myth busting page at https://coronavirus.wa.gov/spread-facts, where Dept of Health addresses common misconceptions about COVID-19 and the statewide response. Where to go for more information on COVID-19: Statewide COVID-19 and the statewide response. Where to go for more information on COVID-19: Statewide Coronavirus site. DOH Blog with daily updates, DOH Site, ESA Coronavirus Site.